

Chronic Liver Disease Patient Management Sheet

At diagnosis

- Weight, Height, Pulse Oximetry, AG
- CBC, LFT, RFT, INR, Urine Routine, Serum Calcium, Phosphate, Magnesium, AFP
- HbsAg, Anti HCV.
- FBS, HBA1C, TSH, Vitamin D, Lipid Profile (mini), Urine ACR, ECG, CXR
- USG Abdomen with Porto Splenic Doppler (Radiology Department)
- Upper GI endoscopy (Endoscopy department)
- Special Tests _____

At every follow Up

- Weight, Pulse oximetry
- CBC, LFT, RFT, INR, urine routine
- Special tests _____

Additional tests at six monthly intervals

- USG Abdomen with Porto splenic doppler
- AFP
- Upper GI Endoscopy – as needed

Tests for general well being in cirrhosis

- DEXA scan
- 2 D echocardiography
- PFT
- Pap Smear (If Female)

Vaccinations(for everyone with cirrhosis)

Day 0

- Inj Hepatitis B vaccine 1 ml deep in in deltoid only (only if HbsAg negative)
- Injvaxigrip 0.5 ml deep im (INFLUENZA) in deltoid
- Injprevenar 13 0.5 ml deep im (PNEUMOCOCCUS) in deltoid only
- Tab Hetrazan 2 tablets stat

Day 30

- Inj Hepatitis B vaccine 1 ml deep in in deltoid only (only if HbsAg negative)
- InjPneumovac 23 0.5 ml deep im in deltoid region (PNEUMOCOCCUS)

Day 180

- Inj Hepatitis B vaccine 1 ml deep in in deltoid only (only if HbsAg negative)