

### **Patient Information sheet – Hepatitis B**

1. All family members should be screened – that includes parents, siblings, spouse and children.
2. All negative family members should be vaccinated
3. Do not share your razor, toothbrush, needles.
4. Clean your blood spill with bleaching powder
5. Do not take any painkillers or herbal medicines without consultations
6. Regular follow up is necessary
7. Before conceiving does take proper advise and consult before planning a baby. Please use barrier contraception until the partner is safely immunized.
8. Women during pregnancy needs extra tests

### **Tests to be carried out at baseline**

1. CBC, LFT, INR, GGT, RFT with eGFR, serum Phosphate, urine routine
2. IgG HAV, HIV, HCV, ANA, IgG
3. HBeAg, Anti HBeAg, HBV Quantitative
4. HBsAg Quantification (only in selected cases)
5. Ultrasound abdomen to look for liver echotexture
6. Fibroscan/ARFI/Fibrometer Virus – whichever is available
7. DEXA scan

### **Tests on follow up**

1. CBC, LFT, INR, GGT, RFT with eGFR, serum Phosphate, urine routine every 3 months
2. Ultrasound abdomen every 6 months
3. HBV Quantitative every 6 months
4. Anti HBe, Fibroscan – every 12 months